

Durham 5th Annual GMSR

To Pre-Register send this completed form with your fee and a large SAE (to receive Rider Pack) to Oliver Graham – address at foot of page.

Name

Address

.....

.....

Post Code

Phone

Email

Team Name (if applicable)

Circle type of Cycle Route: Blue/Red/Black

Circle type of Walk: 6 miles/10 miles

Circle type of Trail Run: 3 mile/6mile

Circle Horse Trek Quest: Horse Trek

Pre-Registry Fee:

£5.00 per adult (Children under 16 yrs Free)

Please state the number of entrants

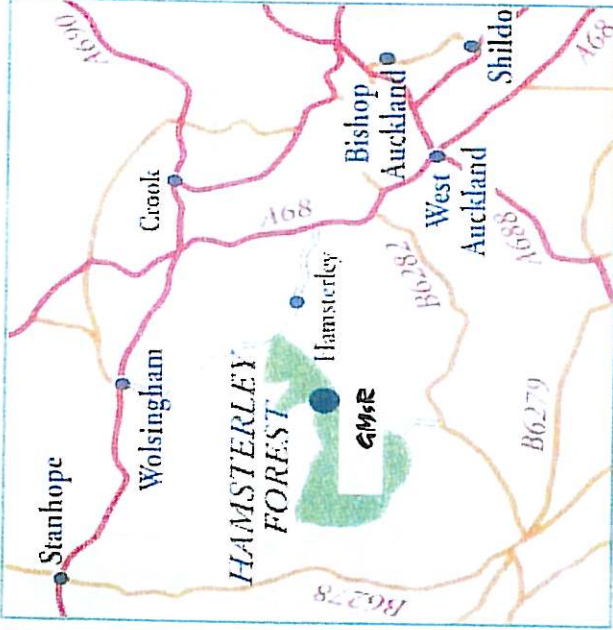
(Make cheques payable to "Durham GMSR")

You may also Register on the day:

£8.00 per adult (Children under 16 yrs Free)

Send to: Oliver Graham
 Groundwork West Durham
 Grosvenor House
 29 Market Place
 Bishop Auckland
 DL14 7NP

Trophies will be awarded for the most successful fund-raising individual and team



Hamsterley Forest

Sunday 30th September 2007

Guest appearance

of

BBC original

Daleks & Cyberman

Start 10:30 am

(Registration from 9am)

FOR FURTHER DETAILS AND ENQUIRIES PLEASE CONTACT

Oliver Graham on 01388 662666

Email: Oliver.Graham@groundwork.org.uk

For general information and stalls availability and prices please contact :

Vanessa Reynolds on 07925378345

Email: dropmealineobe@aol.com

Choice of 3 Bike Rides;
 2 Walks; 2 Trail Runs;
 or Horse Trek Quest.

Please remember:

This is a charity event so please raise as much money as possible. Thank you.



Macmillan Cancer Line
 0808 808 2020
www.macmillan.org.uk

Helping people living with cancer

Registered charity number 261017